

# blend Food Menu

Please notify staff of any allergies at the time of ordering

## Brunch

Served until 12pm

### Sourdough Toast (VE) (LGFO) £3.75

Two slices of toasted sourdough, served with butter and fruit jam

### Ultimate Bacon Roll (LGFO) £6.75

Streaky and back bacon, served in a warm ciabatta

Add egg- £1.00

### Blend Granola Bowl (VE) (LGF) £5.95

Homemade granola mix, fresh fruit, fruit compote, and coconut yoghurt. Topped with cacao nibs

### Blend Carnivore Breakfast (LGFO) £9.50

Sautéed potatoes, Lincolnshire sausage patty, fried egg, sourdough toast, homemade smoky beans, streaky bacon, and a portobello mushroom

### Blend Herbivore Breakfast (VE) (LGFO) £8.75

Sautéed potatoes, baked feta, roast cherry tomatoes, avocado purée, sourdough toast, homemade smoky beans, and a portobello mushroom

### Spiced Chickpea and Potato Hash (V, VE\*) (LGFO) £7.95

Spiced new potato, spinach, and chickpea hash topped with a fried egg and tandoori yoghurt

Vegan - Swap the egg for cherry tomatoes

### Banoffee Pancakes (V, VE\*) £7.50

Fluffy pancakes topped with fresh banana, dulce de leche sauce, salted almond brittle dust, and toasted pecans

Vegan - Swap the dulce de leche for Agave Syrup

### Cheese on Toast (V, VE\*) (LGFO) £7.50

Grilled sourdough bread, homemade smoky beans, goat's cheese, and roasted tomatoes

## Salads

### Lamb Kofta £9.50

Middle Eastern spiced lamb kofta, served on a couscous salad, with turmeric and mint yoghurt

### Leafy Salad (VE) (LGFO) £7.00

Dressed leafy salad with fresh peppers, cucumber, cherry tomatoes, herby croutons, and red onion.

Add either: halloumi, roast chicken, chorizo, bacon, brie, or new potatoes- £1.50 each

### Blend Chicken Caesar (LGFO) £7.95

Roast chicken breast, mixed leaves and spinach, Caesar dressing, crostini, prosciutto, pancetta

### Greek Salad (VE) (LGFO) £7.95

Spinach, rocket, fresh onion, cucumber, peppers, cherry tomatoes, vegan feta, oregano, balsamic oil dressing

## Pasta

### Tagliatelle Carbonara £10.00

Tagliatelle in a creamy egg and parmesan sauce, crispy roast pancetta, topped with prosciutto

### Tagliatelle Marinara (VE) £8.75

Rich tomato and oregano sauce, tagliatelle, basil, prosciutto cheese, and rocket

## Grilled Cheese

Served on sourdough bread, with our classic cheese blend (LGFO)

## Herbivores

### The Classic (V, VE\*) (LGFO) £7.00

Our cheese blend with Dijon mustard

### Jerk It Out (VE) (LGFO) £7.95

Jerk-marinated jackfruit, pickled chilli and cabbage slaw, vegan cheese blend, with jerk mayo

### Wu-Tang Jam (V, VE\*) (LGFO) £7.95

Cheese blend, goat's cheese, tomato jam, caramelised onions, spinach, balsamic glaze

### “What’s That, Precious?” (V, VE\*) (LGFO) £7.95

Crushed new potatoes, cheese blend, chives, tomato and herb sauce

## Carnivores

### Peter Pancetta (LGFO) £8.95

Diced pancetta, sliced chorizo, prosciutto, cheese blend, marinara sauce

### Finding TanDoori (LGFO) £8.75

Marinated chicken, cheese blend, homemade mango chutney, pickled red onion, rocket, tandoori mayonnaise. Topped with mint and turmeric yoghurt

### Lamb Kofty Ambitions (LGFO) £8.95

Middle Eastern spiced lamb, cheese blend, feta, mozzarella, tomato relish. Topped with mint dip

### The B.R.B (LGFO) £8.75

Streaky bacon, cheese blend, brie, caramelised onion, rocket, and balsamic glaze

## Sandwiches

Served in a ciabatta with side salad (LGFO)

### Chicken and Chorizo (LGFO) £7.95

Roast chicken breast, chorizo, avocado purée, spinach

### The 3-Cheese (V, VE\*) (LGFO) £7.95

Brie, mature cheddar, and mozzarella, with red onion chutney, oven warmed

### Tangy Halloumi (V, VE\*) (LGFO) £7.50

Grilled halloumi, pickled slaw, spiced mayonnaise

Vegan - Swap the halloumi for vegan feta

## Kids Menu

### Chicken and Cheese Sandwich (LGFO) £5.50

Roast chicken breast, cheese blend, and tomato

### Classic Grilled Cheese Toastie (V, VE) (LGFO) £4.50

Classic cheese blend on sourdough toast

### Banana Pancakes (V, VE\*) £5.50

Mini pancakes topped with banana and toffee sauce

### Little Caesars (LGFO) £5.50

Chicken and bacon salad with prosciutto cheese and Caesar dressing

V- Vegetarian, VE- Vegan, VE\*- Vegan Option Available,

LGFO- Low Gluten Friendly, LGFO- Low Gluten Friendly Option Available