# blend Food Menu

# Brunch Served until 12pm

#### Toast (VEO) (LGFO) £3.75

Two rounds of Welbeck sourdough ciabatta, served with butter and homemade jam or honey

## Super Seed Granola (LGF) (VE) £5.95

Homemade pumpkin and sunflower seed granola, served with plant based yoghurt and topped with berry compote and chia seeds

# Spiced Porridge (LGF) (VEO) £4.95

Spiced porridge, topped with berry compote and oat crumble

# **Cinnamon French Toast £8.25**

Cinnamon brioche French toast with either:

- Poached pears, mascarpone and oat crumble
- Smoked streaky bacon and maple syrup

#### Eggs On Toast (LGFO) £7.50

Two fried eggs on toasted Welbeck ciabatta with basil and almond pesto, topped with parmesan and chives

#### Mushrooms On Toast (VE) (LGFO) £8.65

Grilled portabello mushrooms on toasted Welbeck ciabatta with whipped butterbean and chestnuts

# Ultimate Bacon (LGFO) Available all day! £7.50

A winning combination of smoked back and streaky bacon, cooked with a Sunset Espresso maple glaze and cracked black pepper

Fancy an upgrade?

Add bacon / fried egg/ halloumi to any brunch for £2

# Sandwiches

Served on Welbeck sourdough ciabatta (LGFO)

### BLT / BrieLT £7.50

Vine tomato, rocket leaves, spiced cranberry chutney and a choice of either smoked streaky bacon OR French brie *Add both bacon and brie for £2* 

# Halloumi Sando £7.50

Mango chutney, grilled peppers, halloumi and leaves

# Chicken Bun Me £7.95

Chicken breast, sriracha mayo, pickled slaw and spring onion

# **Ultimate Plant (VE) £7.50**

Whipped butterbean, maple chilli roast celeriac, pickled red onion and crispy kale

# **Grilled Cheese**

Served on Welbeck sourdough bread, with our classic cheese blend

## Herbivores (VEO) (LGFO)

#### The Classic £7.65

Our cheese blend with Dijon

#### Brieyonce £8.95

Grilled mushrooms, baby leaf spinach and French Brie

# Pear the Wild Things Are £8.65

Mulled wine poached pears, toasted hazelnuts, goats cheese and balsamic glaze

### Children of the Corn £8.65

Cajun chilli roast corn, grilled peppers, chimichurri, Mexicana cheese, coriander and lime dip

#### **Curry on Grillin' (VE) £8.65**

Curried parsnips, crispy kale, mango chutney, pickled red onions and vegan cheese

## Smokey and the Bandit (VE) £8.65

Sundried tomatoes, wild rocket, basil and almond pesto, vegan smoked applewood cheddar and chilli oil

## Carnivores (LGFO)

#### Netflix & Chilli £9.75

Cajun chilli beef, grilled peppers, chimichurri, Mexicana cheese, coriander and lime dip

#### Pak Choi Division £9.75

Char Siu roast pork, pak choi, toasted sesame, house pickles

# A Leek of Their Own £9.75

Honey mustard glazed chicken, confit leek, mozzarella, parmesan and crispy onions

# Salad Bowls (VE) (LGF)

All served with mixed leaves and sherry vinaigrette

#### Poached Pear Salad £7.95

Poached pears, pumpkin seeds, spring onions, balsamic glaze

# Maple Celeriac Salad £7.95

Maple chilli roast celeriac, crispy kale, cranberries

Upgrade your salad with toppings for £2 each goats cheese / halloumi / chicken / bacon

#### Soup Of The Day

Available everyday from 11am With croutons £6.00 With sausage roll £7.50

# Coffee & Cake Deal - £6.50

Any cake and regular hot drink included

VE-Vegan, VEO-Vegan Option Available, LGF-Low Gluten Friendly, LGFO-Low Gluten Friendly Option Available

#### Please check board for daily specials!

Kitchen hours 9-4 daily

Our menu features **homemade** and **locally sourced** ingredients

Please notify staff of any allergies at the time of ordering. Due to the small size of our kitchen, our menu may not be suitable or those with a tree nut, sesame or peanut allergy.